

TERM 4 MENU – 2008

Week		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ONE	Recess	Muffins Milk & Fruit	Sandwiches Cordial & Fruit	Bacon/cheese focaccia Milk & Fruit	Patty Cakes (2 each) Cordial & Fruit	Arnotts Shapes Biscuits Milk & Fruit		
	Lunch	Taco Wraps Fruit Salad and Yoghurt, fruit	Wedges/Sour Cream/ Sweet Chilli Sauce Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Buffet Day – make your own Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Cold Meat Wraps/ Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Teriyaki Chicken Rolls Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Chicken Burger Salad Bar Fresh Fruit	Steak Sandwiches Salad Bar Fresh Fruit
	Tea	Sweet Thai chicken curry, Rice, Stir Fried vegetables Salad Bar Pears and Chocolate custard	Crumbed Steak & Gravy, Potato Bake, Corn Cobs, Salad Bar Flavoured Ice cream	Grilled thin sausages, gravy, mashed potato, vegetable medley. Salad Bar Jelly & custard	Stir Fry lamb, vegetables with rice Salad Bar. Apple Crumble & cream	Braised Steak & Onions Mashed Potato and Vegetable Medley Melon Tray	Stir Fry Chicken with Hoke Noodles Salad Bar Self Saucing pudding/cream	Spaghetti Bolognaise Garlic Bread Salad Bar Ice Cream in a Cone
TWO	Recess	Iced Marble Cake Milk & Fruit	Sandwiches, Milk & fruit	Sausage Rolls Milk & fruit	Fruit Muffins Cordial & Fruit	Bacon & Cheese Focaccia , Milk & Fruit		
	Lunch	Pizza Singles Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Spicy Beef Wraps Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Buffet Day Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Chicken Burger Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Hot Dogs & Assorted sauces, Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Hot gravy Beef Rolls Salad Bar Fresh Fruit	Buffet Day Spring Rolls, Chicken Wings, Cocktail Frankfurts, Chips Fresh Fruit
	Tea	Asian Stir Fry lamb with Hoke noodles Salad Bar Chocolate Mouse	Chicken schnitzel, Gravy, Potato Bake Broccoli , Salad Bar Peaches & Cream	Grilled Lamb chops, Mashed potato, peas, honeyed carrots. Salad Bar Self Sauce Pudding	Roast Beef, Gravy, baked potatoes, pumpkin, beans. Fresh Fruit salad and Ice Cream	Seafood baskets, chipped potatoes Salad Bar Paddle Pop	Chicken Pasta Bake and Salad Bar Apple Cake & Custard	Grilled Steak, creamed potato, vegetable medley Salad Bar Jelly and ice cream
THREE	Recess	Muffin Fruit & Milk	Toasted Sandwiches Cordial & Fruit	Homemade Slice Milk & Fruit	Cheese & Bacon Bread Cordial & Fruit	Donuts Milk & Fruit		
	Lunch	Chicken Burger, Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Pasta in Tangy Tomato Sauce Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Buffet Day - Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Wedges/Sour Cream/ Sweet Chilli Sauce Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Chicken Tenders Wrap with Sweet Chilli Sauce Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Nachos Salad Bar Fresh Fruit	Grilled sausages and chips, gravy Salad Bar Fresh Fruit
	Tea	Lasagne Salad Bar & Cold meats Chocolate self saucing pudding & cream	Crumbed Steak, Dry roasted vegetable medley, mashed potato Fruit and Jelly	Stir Fried Honey Soy Chicken and vegetables, Rice. Salad Bar Strudel & custard	Homemade rissoles, Potato Bake, Broccoli, Carrots, Salad Bar. Apple crumble & cream	Homemade Pizza, Chips Salad Bar Fruit Salad	Grilled Sirloin Steak Chips Salad Bar Ice Cream in a Cone	Curried Chicken & Rice Salad Bar Garlic Bread Fruit Salad & Cream
FOUR	Recess	Iced Cake Milk & Fruit	Toasted Sandwiches Cordial & Fruit	Focaccia Bread Milk & Fruit	Home made Choc Chip Biscuits	Fruit Muffins Milk & Fruit		
	Lunch	Buffet Day Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Italian Meat Ball Deli Rolls,Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Grilled Sausages in Roll with Gravy Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Sweet & Sour Fish with Rice Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Chicken Wraps Sandwiches/Rolls, Salad Tray, Fruit Salad and Yoghurt, fruit	Hamburger & Salad Bar Fresh Fruit	Quiche, Cold Meats Salad Bar
	Tea	Asian Stir Fry beef with Hoke noodles Salad Bar Fruit & Custard	Chicken Schnitzel, mashed potato, carrots, broccoli, Salad Bar Jelly, fruit and cream	Grilled sirloin steak and Dianne/pepper, potatoes, carrot straws, zucchini Salad Bar Fruit Salad	Baked Seasoned Chicken, Gravy Roasted vegetables, peas Salad Bar Flavoured ice cream	Fish & Chips Salad Bar Melon Tray	Shepherds pie, Buttered corn kernels, peas, Carrots, Salad Bar Paddle Pop	Beef Stroganoff with buttered noodles Broccoli, carrots Salad Bar Apple Pie & Custard